

# **1 OUTCOMES 012**

## **2 ABSTRACT**

(012) Grimes program: Parent (Cope, Barkley) groups and child groups, intense in-home services and crises intervention for high-need children and their families. **This pilot alternative to residence is expected to serve up to 100 children per year who would otherwise be candidates for residence.** Most of the program resources are re-allocated from a residential program, previously serving 10 children per year. Ottawa; Crossroads CFC.

### **2.1 ABSTRACT DATE / UPDATE**

July 29, 2004

## **3 SERVICE TYPE**

Parent and child groups, crises intervention, in-home sessions,

## **4 SERVICE DESCRIPTION**

Program

The Grimes program involves an individualized Treatment plan developed with the children and parent(s). This may include parent-training, skills training for the children, crisis intervention, family and individual therapy, groups for children who witnessed violence and so forth.

### Service delivery

The parent(s) and will be involved weekly in an 8 to 10 week parent training program. The group consists of either the C.O.P.E. program or Barkley's program.

As well, the child will be involved in a skills training program the same day as the parent(s). At the end of each group session, the family will be reunited. Role-playing will take place with both the child and parent with staff's assistance.

Each week the family will receive a home visit from a worker who is involved in the parent / child's group. During the home visits by the worker, goals established and recorded in the Treatment Plan will be reviewed. As well, the skills learned by both the parent and child (in the weekly group session) will be generalized in the home with the help of the staff.

## **5 AGENCY CONTEXT: REFERRAL TYPES AND VOLUMES**

The new program will serve families whose identified child is in the age range of 6 to 12 years and demonstrate serious behavior and emotional problems at home, school and community. This program is expected to handle up to 100 cases per year, and, on a trial basis, is replacing a residential program which would otherwise serve about 10 cases per year. Where possible, staff for this pilot program have been re-allocated from a previous residential program, and trained to provide the service components described above.

## **6 OUTCOMES SAMPLE TARGET**

60 – 80 successive referrals to the program.

## **7 DATA GATHERING POINTS AND METHODS**

- **BCFPI** will be done at intake, at discharge, 6 months after discharge and 1 yr after discharge (If parent(s) are willing).
- **CAFAS** will be done at intake.
- **Clinical assessment**
- **Problem priority** (internal) At admission we ask the parents to name the 5 biggest problems they have at home. At discharge we ask the parent how these problems are now (this give us a view of how helpful we were from a parent perspective).
- **Out of home placement risk scale** (internal)

- **Service delivery evaluation** survey (from parent(s), internal)

## **8 START DATE**

September 2004

## **9 QUARTERLY UPDATES**

### **9.1 PROGRESS**

### **9.2 PROBLEMS**

### **9.3 REVISIONS TO PLAN**

## **10 INTERIM AND FINAL REPORT**

### **10.1 REFERRAL, DISCHARGE AND FOLLOW-UP PROFILES**

### **10.2 CLIENT SATISFACTION UPON DISCHARGE**

### **10.3 EFFECT SIZES FOR CASES WITH HIGH 'BEFORE' SCORES**

### **10.4 EFFECT SIZES COMPARED TO AVAILABLE BENCHMARKS**

### **10.5 SERVICE COST**

Data pending

### **10.6 CONCLUSIONS**

## **11 CONTACT INFORMATION**

Ben Mancini, Crossroads, bmancini AT magma.ca