

1 OUTCOMES # 05

2 ABSTRACT

(o5) 2 stage outcomes project regarding Open Custody. Stage 1 i(data included) is an exploratory, using a convenience sample of referral and discharge profiles, gathered between January 2001 and August 2003. For this stage 1, 21 'Before' profiles are compared to 14 'After' profiles. Stage 2 will use referral, discharge and 6 month follow-up data for 40 – 60 successive referrals, starting June 1 2004.

2.1 ABSTRACT DATE / UPDATE

July 15, 2004

3 SERVICE TYPE

Open Custody with Residential Treatment

4 SERVICE DESCRIPTION

We provide Open Custody services for youth convicted under the Youth Criminal Justice Act. Many of these youth receive individual, family, and group treatment, as is the case with Lutherwood's Residential Treatment Service. The treatment program is based on a social learning and systems approach. Interventions are goal-based and present-focused with a high priority placed on learning skills and coping strategies that can be generalized in the youth home, community and school. The main difference between Residential Treatment and this service is that clients stay in residence on the basis of a court order, although they may contract for the treatment services voluntarily.

5 AGENCY CONTEXT: REFERRAL TYPES AND VOLUMES

Referrals to Lutherwood's open custody are made directly by the court, bypassing agency intake. In general, Lutherwood accepts higher severity referrals only, and provide intensive services only, for teens.

6 OUTCOMES SAMPLE TARGET

- The data gathered thus far (to June 30 2004) has been from a convenience sample of cases available to provide data at discharge.
- From June 1 2004, the agency will seek discharge and follow-up data from 40 – 60 successive discharges. This sample can will support a credible initial estimate of the program's apparent effect size,

7 DATA GATHERING POINTS AND METHODS

7.1 STAGE 1

'Before' data from a convenience sample of 21 parents, January 2001 – July 2003 and 'After' data from 14 Discharges, April 2002 – August 2003, Average age at Referral, 16.2 years, average stay 4.5 months; 58% males.

7.2 STAGE 2

Before' data from parents of 40 – 60 successive referrals, starting June 1 2004. Discharge Mental health, functioning and satisfaction data from parents of same cases, 6 month follow-up mental health and functioning data from parents of same cases.

8 START DATE

January 2001

9 QUARTERLY UPDATES

9.1 PROGRESS

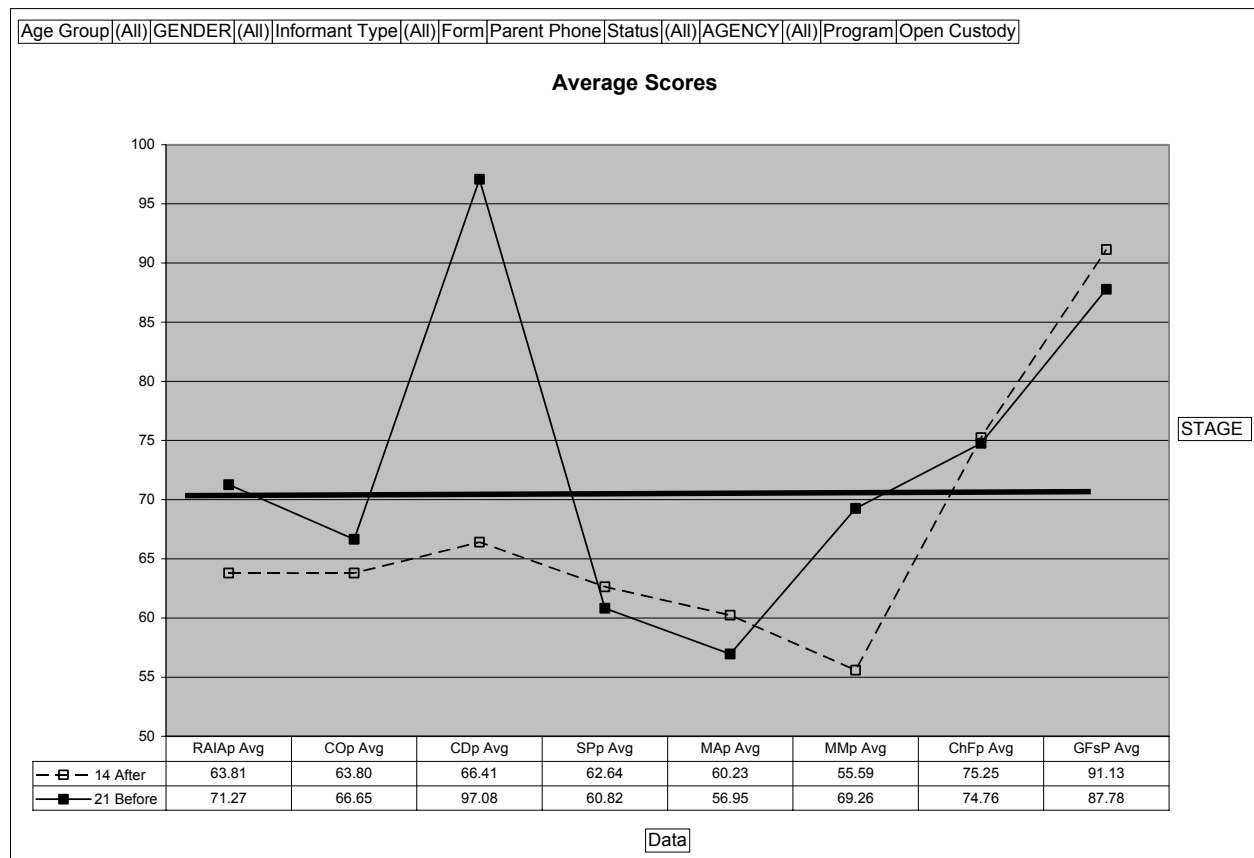
9.2 PROBLEMS

9.3 REVISIONS TO PLAN

As of June 2004, outcome and satisfaction data will be sought from 40 – 60 successive discharges, and 6 month outcome data. Average profiles will be compared, and effect sizes will be computed and compared to evidence-based benchmarks.

10 INTERIM REPORT

10.1 INTERIM: REFERRAL AND DISCHARGE PROFILES, STAGE 1



- Mental health scores for conduct, mood, and attention management started above the clinical threshold, and decreased by 3.1, 1.4 and 0.7 SD respectively. These are 'large' (>0.8 SD) to moderate (>0.3 SD) improvements.
 - At discharge, these same areas were all below the clinical threshold of 70.
- Global child functioning (social and school) and family adjustment did not change, and remained well above the clinical threshold.
- Average age at referral, 16.2 years, average stay 4.5 months; 58% males.

10.2 CLIENT SATISFACTION UPON DISCHARGE

- Data not gathered.

10.3 EFFECT SIZES FOR CASES WITH HIGH 'BEFORE' SCORES

- Calculation not justified, given exploratory nature of initial phase of this outcomes project.

10.4 EFFECT SIZES COMPARED TO AVAILABLE BENCHMARKS

- Calculation not justified, given exploratory nature of initial phase of this outcomes project.

10.5 SERVICE COST

\$35,482 per case

10.6 CONCLUSIONS

11 FINAL REPORT

12 CONTACT INFORMATION

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