

## **1 OUTCOMES # 07**

### **2 ABSTRACT**

(o7) 2 stage outcomes project regarding Residential treatment for pre-teens living in long-term foster care. Stage 1 is an exploratory, using a convenience sample of referral and discharge profiles, gathered between September 2001 and July 2003. Stage 2 will use referral, discharge and 6 month follow-up data for 40 – 60 successive referrals, starting June 1 2004. (Residential pre-teens, foster, Kidslink, convenience sample, successive referrals, discharge, follow-up, Ontario, Waterloo)

#### **2.1 ABSTRACT DATE / UPDATE**

June 22, 2004

### **3 SERVICE TYPE**

Residential treatment

### **4 SERVICE DESCRIPTION**

The purpose of the per diem program at kidsLINK is to provide short to intermediate term care to children experiencing severe psychosocial difficulties. The typical child admitted is a society or crown ward that has experienced multiple placements, which have been unsuccessful. This program serves the exceptional child for whom the guardian has been unable to find an alternative suitable placement. The program concentrates on the child's most serious emotional and behavioural difficulties with a view to ameliorating and stabilizing these, so that a less intrusive residential placement, or a return home is possible.

### **5 AGENCY CONTEXT: REFERRAL TYPES AND VOLUMES**

These agencies accept higher severity referrals only, and provide intensive services only, for teens and pre-teens. Less intensive services are offered for pre-schoolers, The agencies accept about 200 high-severity referrals per year in their common intake.

### **6 OUTCOMES SAMPLE TARGET**

- The data gathered thus far (to June 30 2004) has been from a convenience sample of cases available to provide data at discharge.
- From June 1 2004, the agency will seek discharge and follow-up data from 40 – 60 successive discharges. This sample can will support a credible initial estimate of the program's apparent effect size,

### **7 DATA GATHERING POINTS AND METHODS**

#### **7.1 STAGE 1**

- 'Before' data from a convenience sample of 10 informants, mostly service providers, rather than parents, Sept 2001- Sept 2003 and 'After' data for 8 Discharges, Sept 2002 – July 2003. Average age at referral, 9.8 years, average stay 14 months, 53% females.

#### **7.2 STAGE 2**

- .Before' data from guardians of 40 – 60 successive referrals, starting June 1 2004. Discharge Mental health, functioning and satisfaction data from parents of same cases, 6 month follow-up mental health and functioning data from parents of same cases.

### **8 START DATE**

December 2000

## 9 QUARTERLY UPDATES

### 9.1 PROGRESS

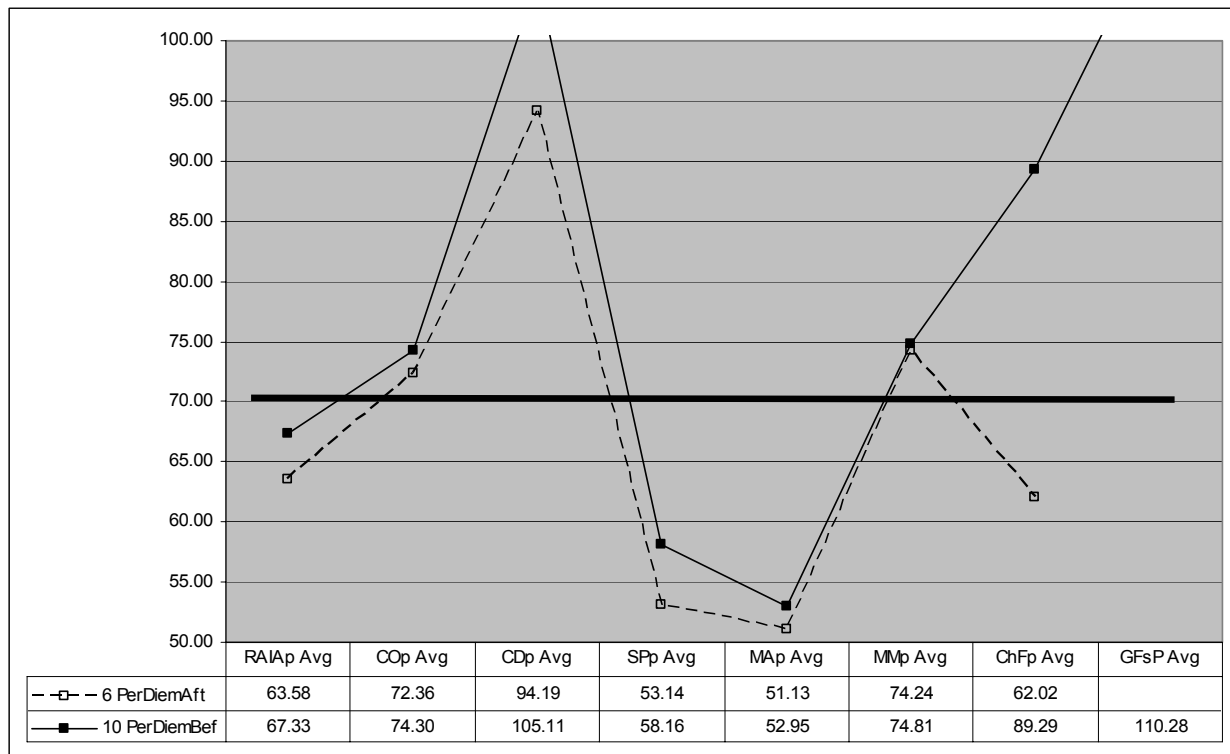
### 9.2 PROBLEMS

### 9.3 REVISIONS TO PLAN

As of June 2004, outcome and satisfaction data will be sought from 40 – 60 successive discharges, and 6 month outcome data. Average profiles will be compared, and effect sizes will be computed and compared to evidence-based benchmarks.

## 10 INTERIM REPORT

### 10.1 INTERIM: REFERRAL AND DISCHARGE PROFILES, STAGE 1



- This initial sample is very small, and the results are very tentative, at best, but will be followed by a better, larger sample, along with follow-up data as described above.
- Average age at referral, 9.8 years, average stay 14 months, 53% females.
- Global Child functioning at point of discharge improved by 2.6 SD, and ended below the clinical threshold.
- All other measures starting above the clinical threshold improved modestly, and/or remained above the clinical threshold at discharge.

### 10.2 CLIENT SATISFACTION UPON DISCHARGE

- Data not gathered.

### **10.3 EFFECT SIZES FOR CASES WITH HIGH 'BEFORE' SCORES**

- Calculation not justified, given exploratory nature of initial phase of this outcomes project.

### **10.4 EFFECT SIZES COMPARED TO AVAILABLE BENCHMARKS**

- Calculation not justified, given exploratory nature of initial phase of this outcomes project.

### **10.5 SERVICE COST**

\$81,805.00 per case.

### **10.6 CONCLUSIONS**

## **11 FINAL REPORT**

## **12 CONTACT INFORMATION**

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